

# PHILOSOPHY AND PAINTING

## ESSAY 15..... MORE SCRIBBLES

### *An Amateur plays his game...*

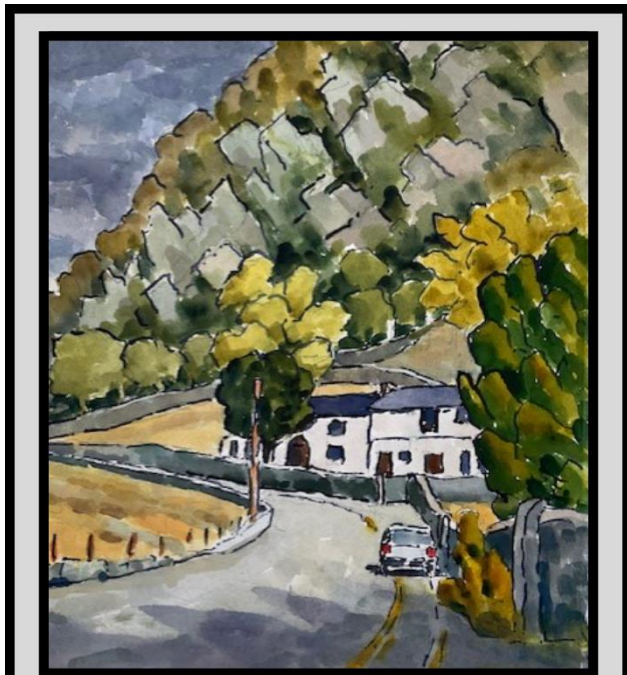
1. The big point. Animal instincts will always overcome human codes of conduct when survival is at stake. And we are now nearing that point.

2. All government's main aim should be disciplining human behaviour, in two directions. (A) Encouraging restraint towards fellow humans and the environment and (B), encouraging 'giving', of your time, of your money and even your life for the sake of the environment or society you live in.

This is only restating the two basic original laws of Civilisation....."thou shalt not".....and...."love thy neighbour"....only this time around, Creation is included.

3. It's no good for the 4 big powers trying to beat each other (and nature) up, purely to satisfy their egos and show off their superior weaponry.

It is much better to join hands in friendship and concentrate on beating up our own selves, namely, tightening our own belts for the sake of nature and to make sure anarchy does not have a chance to raise it's ugly head.



**Borrowdale, Lake District.**

4. Life must be extra-ordinarily good to make people dress so extra-ordinarily badly in order to get recognition.....  
.....trousers that hang half way down your backside.....!!

5. If you obtain your happiness from within, life becomes so much cheaper. Because you do not have to buy your happiness from without.

6. One figure that is near ( especially if he is good looking ),

can block out a whole landscape that is afar. In today's world, two such good looking figures are Messrs. Freedom and Democracy, who, close up together, are blocking out a huge multitude of human sins against their own societies and Creation.

7. Our basic equation of life in the West does not add up. We are all asking for more and we are all giving less. We are asking our governments to provide more support all around, and yet we all showing less individual responsibility all around in our own lives.

We ask for a better NHS and yet we are taking less and less care of our own physical and mental health.

We are asking for better policing and yet we have loosened the laws of restraint and taken away punishment, so more crimes are committed and the police are not allowed to touch even the most hardened criminals with a feather.

We are asking for better schooling, and yet teachers have to live in fear of school children themselves who are not allowed to be disciplined, and their parents.

We are asking for better care of the elderly, and yet we absolve ourselves of our individual responsibility towards our own parents, and hand them over to The State.

8. The main law of Creation, known as "the survival of the fittest", which underpins the great 'Game of Life' that has existed since life on Earth began, now has to be rejigged, **certainly in terms of the game of 'Man versus Creation'**. Because that Game is no longer a Fair Game. And that is because the arrival of the human 'rational' brain, in the last ecological millisecond of time, has turned the human being into an unfair and unnatural component in a game that was otherwise reasonably well balanced.

Mankind is so far in ascendancy that it is now a game of man versus children. And most of us should agree that that is certainly not a fair game.

And further more, we are beginning to realise that if we keep on killing our children, we ourselves will not survive.

9. Which of course leads me on to say that the 'survival of the fittest' should continue to be the main player in our own 'human v human' game of life, because that is how we all achieve the meaning of life...although, even in this game some anomalies are appearing, when certain rugby players are going back in time and turning themselves into unnaturally large grizzly bears...!!

10. PLETHORA of sexuality now being demanded and promoted = another absolute cause of mental sickness....  
.....what would I have thought when 7 years old if Mum had said " Felipe, you should be a girl".....?

11. One of the big reasons why more people are going bonkers today is that today 'more people are doing less'.  
"Doing" = physical and mental exercise which our bodies and

minds have been specially made for.... even from a very early age.

Modern ingenuity and the current fashions of bought 'off the shelf' food and bought 'off the shelf' entertainment are taking all that "doing" away. When body and mind are underused, they go rusty, mis-fire and wither away.

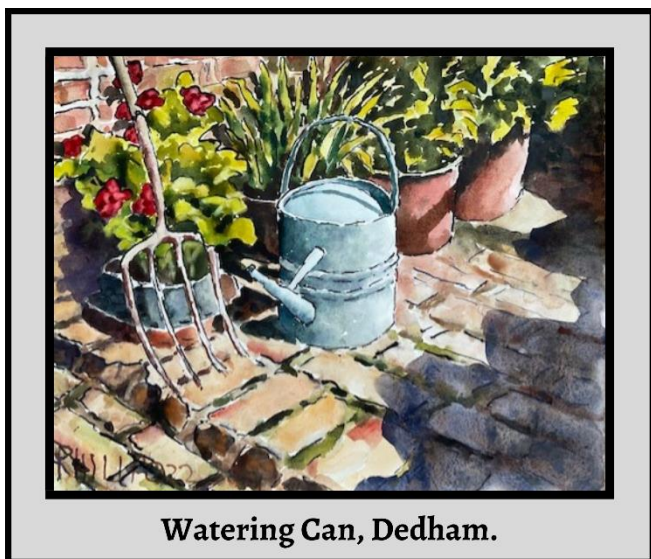
12. The new writers of 'the Words of God', and/or 'the Equation of Civilisation', are based on quicksand. Because the new pillars of morality now are said to be Freedom and Democracy, both of which are based on selfishness, or the giving to oneself, rather than restraint. Both of these pillars enable the West to claim the moral high ground because they have passed through the moral laundering system of 'the will of the people'. The basic flaw to this high falluting principle is so obviously obvious that it remains invisible. Namely, it is quite natural for people, however good and moral they are, to want to give to themselves. Nature made us that way.

Meanwhile, the old writers of the 'Equation of Civilisation' and the 'Words of God', based on selfLESSNES, have been kicked into touch, and have to watch from the side lines while the new kids on the block write all the wrong laws.

13. Atheists...how can they deny their own creation..? Someone must have been responsible, or given a helping hand, so why try and deny it or Him..?.can they not look up or give thanks to anyone or anything.

14. 16,000 trillion calculations per second made by the weather computer in your back garden.....where this one came from I have no idea...!!

15. There are two sides to everything and everybody. The good and the bad. We all have natural emotions and therefore cannot help how we react to different situations, sometimes with love and sometimes with hate. Part of being civilised is using the manners of restraint to hold in our bad emotions, however natural those emotions may be. ( ....more simply said =...showing the other cheek.....)



**Watering Can, Dedham.**

16. Recent changes to The Equation of Civilisation, or 'the timeless laws of humanity'.....possibly could have been made by 35 year old professional politicians, barely out of their underpants, sitting in a 2 hour session of Parliament... ..!?!?...and yet they overturn the laws of the combined

wisdom of all the wise men over the last 8000 years....!?

17. The right to life.

----(a)..A healthy animal, who has every chance of getting the full meaning out of life, because he has to play the game of life to his upmost ability every day of his life in his quest for survival, the doing of which poses no cost to nature.

----(b)...A badly disabled human, who has no chance of getting any meaning out of life, because he has no chance of playing the proper game of life, and whose looking after imposes a high cost to nature.

Don't forget that any and all GNP involved with looking after human life is, in the end, paid for by nature. Human life has already taken half of nature away.

19. Daily Mail..28 October....World Wildlife Report.....70% decimation of animal kingdom caused by humanity.....Surely, it would therefore be MORALLY RIGHT for a tyrant to come along and force humanity into order. For we have definitely had time to show that we are incapable of doing that ourselves.

The world lives...or the world dies....surely that is not up for debate.

20. Socialism arrived on the back of Christian Charity and the wealth built up by the capitalists and risk takers of the 18<sup>th</sup>, 19<sup>th</sup>, and 20<sup>th</sup> centuries.

And 200 years on, socialism has thrown the Church and religion into touch and is doing it's best to pull down capitalism.....which still, to this day, provides the wealth that socialism depends on.....(. have we had this before..?)

21. Meaning of life...( 2nd, 3rd or 4th version.....!!)

---- animals...day by day, minute by minute...a hand to mouth fight for survival, totally focused, using all the abilities Creation gave them.....just like human beings in days gone by.

----- humans... now...a large proportion just living off The State, sitting 'on the bench' and breeding. No game of life at all.

Which one achieves the meaning of life, and which one can die with spiritual and physical fulfilment...?!

22. Liberal/Socialism...The big put down.....these philosophies have taken human civilisation backwards by 500 years...for all their superficial good intentions.

Why...because they introduced the cancer (State featherbedding) that eats away at individual responsibility...(maybe a bit harsh....also, nothing is right first time around...so now is time for a bit of adjustment..)

24. 9. 12. 018. Can we save the planet..?...sure we can.

Just look at all the human effort and ingenuity that has gone into making life so easy for us humans.

JUST TURN THAT AROUND...the brilliant human ingenuity and industrial might can now be used to revive nature. In economic terms, a far greater percentage of the world's GNP will go to reviving nature instead of comforting man...there might even be a way of turning such a venture into private enterprise, because that is where the best ideas come from in the quickest time.....sure we can save the planet...with a little help from ourselves.

25. BRAIN POWER. Look back a tiny touch in time. WE were just like all other living life.....part and parcel. And then we got The Brain, a simple fifth gear that allowed us to climb over all other life on Earth.

Just because we have been handed The Brain should not give us the right to kill all other living life which just yesterday we were a part of.

I know it happened so gradually in real time that we were not really aware of what we were doing. But we do know now. So now we simply have to use That Same Brain to go back and help our old friends, namely all that other living life that we were an equal part of. And, with our Brain, it should be a doddle.

26. An army against plastic, instead of having an army against ourselves/Neighbours....**a case for environmental recruitment.**

27. A lot of people never think of nature. You can tell in the hundreds of tiny little things they do in the course of each day...the food they leave on the plates...how they wash the dishes...the huge amount of cling fill used...the unnecessary number of times they use the washing machine..... cooking one pork chop in a big oven...

It is doing all these little things with more thought and efficiency that we will save that one very big thing.....yes, you've got it.....the Earth.....

Having lectured everybody to be good I have to admit that the very same afternoon of writing, I had an overwhelming desire for a crispy bacon sandwich...first for 3 months in lockdown....so two bits of back bacon went under the oven grill at full heat for 7 minutes...wasteful use of the oven.....definitely a sin...but a super once in a while treat...



28. Flicking the switch. We humans have rational brains and we now know the situation. We know it is now entirely our human responsibility to look after Nature, the environment and all the animals that live there. We know that if we look

after them, they will look after us. So, one simple flick of the switch please from 'living off nature' to 'living for nature'. Then we are all winners.

29. If we can do all the great and beautiful things, we see around us for ourselves, we should be able to do even greater things for nature, if we really put our minds into it.

30. The up to date view from above.....the big picture....  
..We have to go global...no religious divides...no national divides...no political divides. Health of the planet must come first....and humans must unite in friendship to achieve this. We have been squabbling like selfish 5 year olds for far too long.

We may, of course, need a Tyrant/Saviour to help us on our way....( Note, no Balkan squabbling when under The Large Russian Boot....squabbling and anarchy begins to happen with a surfeit of freedom. We have known about this since the beginning of time...)

31. The world should be treated just like our own home. We live in it. So naturally, we treat our homes as well as we can, because it makes our lives better.

The world is exactly the same. We live in it. The better we treat it, the better it will be for ourselves, our children and all other life. **The sooner we come to realise this very simple point, the better.**

32. Modern society trying to eliminate Pain and Fear....!!  
Just think what would happen if you eliminated the 'red' from all The Nations traffic lights.  
And only left the orange....!??

33. I can't see the trees...I can only see the forest.....in fact, maybe I can't even see the forest...only the planet!.....?..

34. All these 'exposes' which come up in the daily News. Child sex, hospital failings, police corruption, MP's expenses scandal etc, etc,...as if it is all 'THEIR' fault. Why not translate 'THEIRS' into 'OUR'. Because we are all part and parcel of the same society. We passed the laws that enabled these things to happen. 'We' have the same cross section of people as 'they' have. We are not all saints so let's forget about all this 'holier than thou' attitude.

36. Give us humans a more worthwhile aim in life, than just bettering our own living standards. Surely, to repair the damage we have done to our surroundings would show a lot more glory to ourselves and to The Man who made us.

37. The huge VW diesel scandal.....huge headlines, huge court cases, huge compensation, huge damages for the car company that dared to cheat on diesel emissions from it's car engines that would pose only a relatively small danger human lives.....

.....can we have a few more headlines, a few more court cases and a few more damages about 10,000 more poisonous emissions and pollution that we humans have imposed on the land, sea and air where all our 'fellow life' make their homes.

38. West Indian Calypso.....  
..voice of a woman.....you heard what that woman said....don't tire your donkey down dead.....



.....voice of a man.....jackass a whacka.....make him bay, make him bay.....

39. Let's have a clear look at ourselves, especially as dog owners.....we all know the household is happy when we all know and act within our civilised limits...there is a bit of love all around...the dogs are attentive, obedient, well behaved, fit, playful and loving. The masters are happy within themselves in they are not cruel, treating their dogs with love and discipline, the same way they would treat their children....

Now ask the masters if they think it a good idea to grant their dogs total freedom, to do what they want when they want.....no is the answer, because it is obvious as to the down hill path that would follow. Their favourite friends would become fat, lazy, disobedient, disgruntled and eventually aggressive. All their worst animal instincts would come to the surface.....

So now ask the owners why they think it is ok for themselves to have total freedom...we are made the same way as all dogs and have just about the same DNA...the sensible ones realise we will follow the same path, starting with disobedient children. We are only just beginning our journey down that path, and right now we are just hanging on to civility by the skin of our teeth...thanks to the rump end manners of yesteryear...

40. The more you open yourself up as an animal, and act like an animal, the more you should be treated like an animal. You cannot expect to act like an animal and then claim all the advantages of being treated like a human being, with all the human rights and lack of punishment to boot.....it's that old equation again...not matching up...

41. The next stage in order for the planet to survive....simply to police ourselves and discipline ourselves sufficiently to allow time for the rest of nature to regroup and revive....we must not impose man made law on the rest of nature...just leave it be....

Although I do think Mankind, with the scientific knowledge and industrial might he has at his disposal, can give nature a helping hand along the way.....even in a negative way...by stopping ourselves from digging up The Arctic for more oil...!

42. We humans should be much more aware of our responsibility to save this wonderful blue planet of ours, and not let other things get in the way.....

.....Human Rights v. Saving the Planet...??.....no contest...  
...how vain...how ridiculous...

43. Human life today is so very very good on so many counts, compared to all other life...just being able to breathe good air and walk and play on lovely green grass is an absolute delight, without constantly worrying about a hand to hand, minute by minute fight for survival which all other life has to contend with....sure, we had to do it at the beginning, but now we are all taking a little too much for granted, without giving due thanks to the powers that be who made this 'high life' possible.

44. The huge weight of knowledge, science and industry that we are now using for the advancement of ourselves, can so easily be turned around and instead be used for the advancement of Nature.

That is why I believe in miracles.

45. Human Rights V Human Righteousness..... = ..the opposite ends of a very big scale..... which side, today, is weighing the other side down.....

46. Write a letter with the combined weight of Jesus, Moses and Mohammed, saying what these very sensible prophets would say now, knowing what we know today, about who we actually are and the damage we have done to the rest of God's Creation.

I don't think they would be too happy at the way things, both human and environmental, have been allowed to deteriorate. And I think their accusatory fingers would be wagging in the direction of their professional followers for remaining mute and doing nothing.....

So, it is not entirely unexpected if some trumped up mouse wants to step in and roar on behalf of the suffering silent majority consisting of the rest of life on Earth.

47. The State keeps on giving, to win the votes....  
..The Church must start taking away, ( "thou shalt not" ) to save our souls..

48. Get rid of all the political and social "isms"...too many complicated theories about how we should live....

49. The Church leaders in England are passive...what energy is coming is coming from the flock. The leaders have a chance to make a new battle hymn and get into a much bigger fight. Start attacking individual manners and individual responsibility, instead of asking for more soup kitchens and encouraging everybody to depend on the State.

50. Amateur V Professional, Soul V Craftsman, Vision V Skill. Sometimes the Soul can lift the Craftsman above the stars, sometimes VV. Sometimes amateurs have more art in their soul than any professional, but simply lack the skill to pass their vision or soul across to others.

51. If religions want to save God's Creation, they have to encourage 'practical religion' over 'theoretical religion'. Namely, to encourage 'practical' prayers to help nature, (actually doing things) rather than worshipping different gods by words alone. With the latter, it is much easier to be hypocritical, and there is always a tendency to squabble with others over each religious letter of each religious law.

52. Keep talking as much as you like. But you know and I know that Mankind is all about Mankind.

54. Lessons learnt from the lockdown, or 'rockdown', as my Japanese friend would say..... I have known a golfing chum for over 40 years. Not once in those forty years has he arrived on the first tee punctually "en punto". Which has all of his eager and impatient golfing partners jumping up and down in frustration. We still manage to forgive him because not only can this man be amusing but, probably more to the point, he is more likely to lose the tea stakes than to win them. So our own greed and profit motives come to his rescue.

Since the 'rockdown' however, with the necessity to 'book online', with scarcity of tee times available, and with a little

portion of fear ( you go into a "sin bin" if you don't show up) this amiable and laid back creature is standing smartly to attention at least 10 minutes before every appointed tee off time.....

.....which leads the mind to wander into the future as to how mankind as a whole can similarly become more disciplined and focused in all the other aspects of his life that relate to the environment and the society he wants to live in....even down to the reverse....ie, not booking on line, but receiving instructions online.....ie, he might receive email permission from the 'all seeing eye' that his underpants are now sufficiently soiled to be allowed to be put into the electric washing machine.

( a lot of families today throw everything willy nilly into the poor old washing machine whether they need washing or not...total waste of God's energy...)

55. Readdressing the balance of Nature.

Take away from Man, who has ruined the balance, and give back to Nature.

Sounds reasonable, doesn't it...?

56. No battle has ever been greater. Because this time, we (humans) are our own enemy. And right now we are faced with turning the greatest losing situation into the greatest winning situation.

57. Although there is no argument that the overall Senior God is The God of Creation, "The Words of God", which come in various forms depending on which religion or Prophet you follow, do now have to be cranked up in importance, because it is 'the words of god' that direct the morals and manners (and therefore the actions) of Man, and it is the actions of Man that affect The God of Creation.

58. Dear old 'mental health' has been blown out of all proportion. It is the latest fashion. We will soon reach the stage when people think there is something wrong with you if you don't 'have it'..!

It is a new man made disease that has come about, especially in the Western World, as a direct result of blanket featherbedding by the State, which goes hand in hand with the reduction of 'fear'.

In the old days, hardship was part and parcel of life.

Everybody took the blows, emotional and physical, on the chin and got on with things, because there was nowhere else to go apart from the grave, and we all know how hard all living things will fight to avoid that. Self-pity was not on the radar.

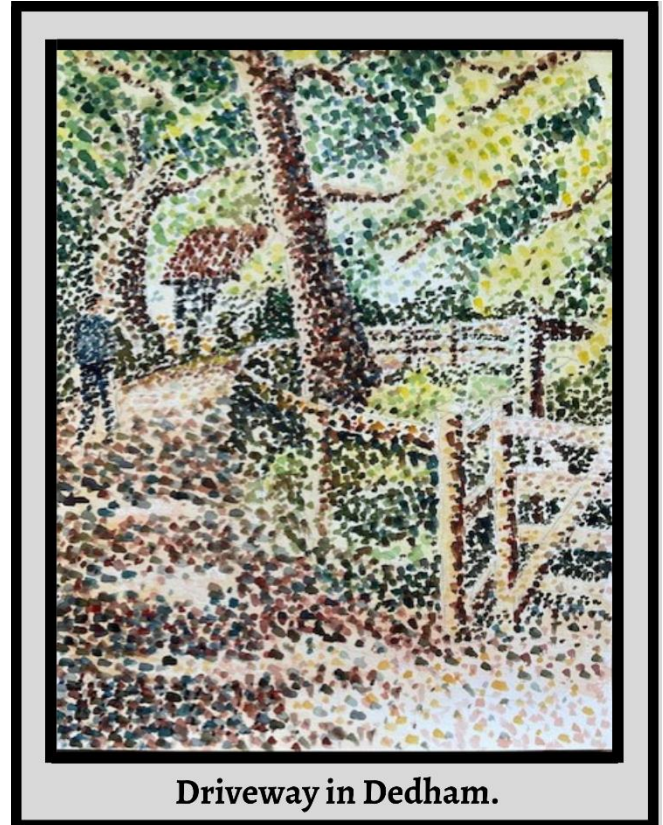
Also in the old days there was a much sharper and more well-defined line between the two main ingredients that determine the health of civilisation. Simple Good and simple Bad and simple Right and simple Wrong.

The dividing line was much clearer because people were closer to their religions and their constant reminders of all the 'thou shalt nots' of life which themselves were taken very seriously because of the very real fear of punishment if you disobeyed those rules.

Also, people in general, were much more focused on survival, because the game they were playing in the old days was much tougher, and the rules of the game as to what you had to do in order to survive were much clearer.

Because the mind was focused full time on survival, there was less time for the mind to wander off into totally unnatural and unholy places.

Compare that with the surfeit of security, the surfeit of boredom and the 'open sesame' that young Westerners face today. No wonder the mind wanders to places it should never go near.



**Driveway in Dedham.**

59. The battle facing all of us today can be simplified down to Mankind versus Creation. If you equate God with Creation, and/or Nature, then we know what we have to do. Even atheists would have a problem in putting Man above God, however loosely God is defined.

60. Even if you don't believe in God, there is nothing wrong with you worshipping Nature and devoting your life to it, in the same way that Priests, Monks and Mullahs devote their lives to God. The overall God of Creation may well be happier if this was the case, because the worshipping (ie, the saying of prayers) on His behalf would more likely be "practical prayers" rather than prayers said by word alone. And we all know that 'action speaks louder than words'..!

61. I was told once that 'animals have no empathy'. Of course they have. How can they not have. All their 'senses' are far superior to those of humans so they must know, see and feel everything that happens (to others) with a much clearer vision than any human can.

The problem is that nature does not allow animals to show emotion. Their game of life is so tough that they would be crying all the time, either for themselves or those they kill. And thus be easy prey themselves.

Animals, in order to survive, have to act like cold blooded professional killers.

Because their game of life depends on 'killing' for survival, it becomes more of a normal and natural part of life, both for

the prey and the predator.

But still, an awful lot more hair raising than the human equivalent of 'killing' which can best be seen on the sporting fields...like when you are 2 up with 3 to play in a golf game with one of your golfing chums, you do not suddenly feel sorry for him and take your foot off the pedal.... (he might turn the tables on you..).....no, winning is winning and losing is losing, and those instincts run very deep....especially when the 'tea stakes' are involved...

The more secure you are, the more you can show (empathy) your emotions. We humans are now so secure we can bawl our heads off when our favourite football team loses, and then demand 'counselling' to get us back on our feet. Animals know it all and feel it all, but nature stops them showing it all. They have emotions, but have to keep them in check.

62. Why not continue the theme of "natural born killers" ... In our everyday human existence we all know or have seen examples of those who have no hesitation about 'putting the knife in' and winning as opposed to the "he who hesitates is lost" variety.

Examples come when any kind of competition occurs in any and all fields of existence.... men competing for girlfriends, businesses against business but the most obvious examples are seen on the sporting fields.

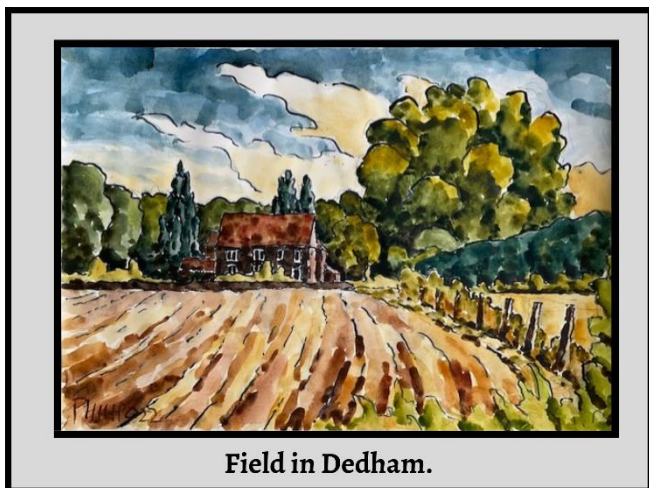
This is where you can sometimes see the obviously better player finding it very difficult to cross the winning line and fold, or 'choke', while the lesser player, probably with more 'predator' genes in his ancestral make up, steps in quickly and crosses the line with no hesitation at all.

On the golfing scene, the great Jack Nicklaus once observed, "...there is no fear in chasing... there is fear in being chased...."

This referenced the fact that some people (whose distant ancestry may have been antelopes) are uncomfortable when leading the field, while other players (whose distant ancestry may have been tigers, who have very little cause for fear,) can handle the lead position much more comfortably....but even they will feel a bit uncomfortable..

I can't remember when I last led the field, but I'm petty sure my ancestors would have been of the antelope variety..?

....( Obviously, environment and upbringing play a very big part as well...in the business of 'crossing the line'..... or putting the knife in)



**Field in Dedham.**

63. "A THINK AGAIN" for Humanity..!

200 years ago The Hudson Bay seal hunters were working 16

hours a day, and paddling 56 strokes per minute in their canoes.....this is the amount of energy they were perfectly willing to give for their own survival and benefit.

Can you imagine a modern day person working this hard, this time, not for himself, but to repair the environment that his forefathers had destroyed...??

He might only do it at the end of a whip..?...or, it may be where the new religious zeal will be focused, and the young will jump in willingly....worms and bees work far longer hours for the benefit of the environment...

64. The more intellectual we are, the more we try and project ourselves as something different from mere animals.....(....obviously there is a difference, but only on the surface..)

65. I saw a Michael Palin documentary on North Korea.....which got me thinking....would people living there be happier than people living in The UK.

I imagine life is much tougher and people are a lot poorer, but generally in those situations, just as in the past in most places, families would be much closer and 'sharing and giving' amongst people would be much more of a way of life. In other words, the 'timeless laws of humanity' would be very much more evident there than in the fragmented families of people in the West who rely on the faceless State for their material needs as well as looking after the old in the families, not to mention the very young who sometimes do not have well behaved parents.

In other words, Korea, as a State, may be poor and dictatorial, but the people themselves may be rich in the 'invisible wealth' of life itself, ie, the giving and sharing with others and making sure they put their best foot forward in the business of economic and social survival. There is less opportunity for the bad side of humanity to show its face.

This is a horrible generalisation, but a surfeit of material wealth and 'bought' happiness has a habit of pushing aside the much deeper and more long-lasting values of spiritual wealth and true inner happiness.

66. The next big revolution in our world will simply be a logical extension of the last revolution, 240 years ago, which consisted of Libertay, Egalitay and Fraternitay. That revolution restrained the rich and powerful (humans) and elevated the poor and downtrodden (humans).

The next revolution will simply restrain Mankind (all humans) as a whole, and elevate the 'so far' downtrodden Environment to it's rightful position over and above that of Man.

67. I have walked my life along the floor and can see everything.

They, The Celebs, have spent their lives walking above the stars, and can see nothing but their own egos.

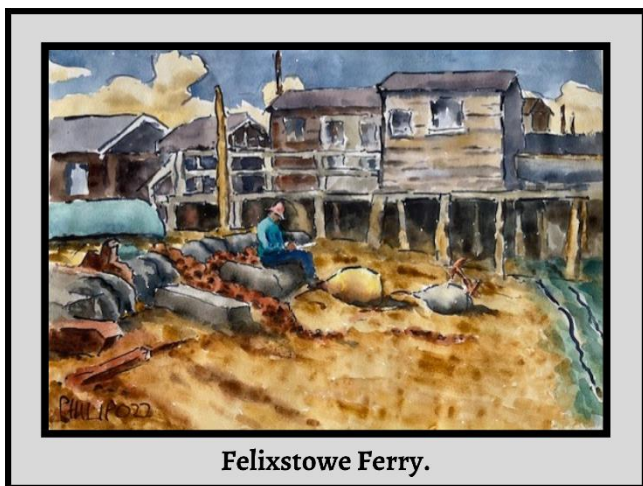
(...my old inferiority complex kicking in again...most celebs are highly intelligent.....and articulate....)

68. Western World....a whole host of worldwide ills can be laid at the door of recent "Manmade" Western World philosophies.....cancers far worse than Colonisation and Empire building ever was.....they, at least, were 'natural' phenomenons.....



69. The way I write, everyone can read.....(..of course, not all I write is correct...!!)..

70. Every active minute of our waking hours usually involves action and reaction. With "something" or "somebody". And there is a big difference between the two. I think the majority of our active 'encounters' are human to human and in these cases more of our 'senses', manners, and thinking energies are involved, and our actions generally have to be within acceptable 'civilised' parameters. Because if you do something bad or offensive, the other human being will react, sometimes with a punch on the nose. So you have to be mindful and reasonably focused. When you are dealing with 'things', like cooking, ironing, washing up, buying food and other things, gardening, organising garbage, looking after your pets, organising clothes washing, organising left over food, controlling the central heating and lighting, and countless other daily chores, this is where you can lose your focus and let bad manners and inefficiency into the game. Why, because nobody is watching and 'things' don't answer back or report you to any authority. And it is the multiplication of all these tiny little inefficient or wasteful actions, committed by tiny individuals, right across the kingdom, that all add up to a big negative effect on Nature.



72. I always thought that my Soul was non-negotiable..... ..but I have recently been considering selling a good chunk of it in order to purchase a small portion of Louis Oosthuizen's golf swing....

73. "I have seen, and heard, much of Cockney impudence before now, but never expected a coxcomb ask 200 guineas for flinging a pot of paint in the public face".....is how John Ruskin described a Whistler painting, leading to a libel case in 1878.....!?.

74. 'Necessity is the Mother of Invention'....very true, but it can only work if you are blessed with a 'rational brain'. Think of our poor old ancestors and today's animal kingdom....struggling like anything to make things better to help them survive, but not being able to add 2 plus 2.

75. Once you get hooked on that 'Celebrity Chef' OTT food for breakfast, lunch and dinner, you are FINISHED. All you need in order to bring out the best flavours,

enjoyment and bodily fulfilment from eating food is a little bit of hunger.

The best dishes from the very best chefs taste second best when you are not hungry.

Back to that equation again....you need HUNGER (pangs) in order to really enjoy THE FOOD (pleasure).....as well as guaranteeing no waste....

76. The history of warfare...from The Old Testament to the present day = normal battles to the death, usually for territory, (survival) between man against neighbouring man and country against neighbouring country.

But now something new has entered the ring, and if Mankind wants to survive he has to switch his focus away from his human enemies and onto his human self. Because Creation, Nature and The Environment have suddenly appeared on the scene as the main threat to Mankind, and Nature is so kind, it doesn't hit back.....that is why it is so hard to fight...it is invisible.....until it is too late....!!

So....forget about the old history of warfare, because we are now fighting something entirely different, an invisible enemy which has everything to do with our own individual human manners. So the main battle lines will be, on the small scale, one human fighting himself to make sure that good manners and restraint overcome greed, and on a national scale making sure law and order (good manners) in one's own country overcomes the threat of anarchy caused by people who do not want to restrain themselves (bad manners).

....the main battle lines turn inwards.....instead of the usual outwards....

77. Splitting the Atom....in the matter of 'saving your soul'.....The only way you can save your soul is by gaining true fulfilment out of your life on Earth, and the only way to do that is by joining and competing in the free flowing 'game of life'.

Whether you win or lose, as long as you have tried you best and played the game within the rules, you will gain your physical and spiritual fulfilment and in doing so, will save your soul as well.

You can't save your soul by sitting on the bench watching others play the game....(unless you are excused by religious orders or have disabilities...).

78. What good would an equation be if there was all good on one side and all good on the other side....it would be a charlatan equation.....egalitarianism, socialism, communism.....jiggerie, pokerie,wokerie.....

79. As long as we can reset the goalposts of the game of life into a more nature friendly position, and as long as we continue to allow and encourage the winners to keep winning and scoring the goals, so the quicker nature will be saved.

The position of the goal posts depends on 'the market demand', which is made up by you and I. Therefore, we, as individuals, are in a position to help Nature.....many, many times every day.....

80. PHILOTIMO....an Ancient Greek concept....according to Google...love...a friend of honour...hard to translate as it combines a complex array of virtues....Honour....Dignity...Ethos....Pride (self respect)..to do things that show responsibility to others without seeking

anything in return.....you can be as successful as you like, but if you lose your 'philotimo', or honour, you lose everything.....a useful word to try to follow.....!



**Old Oak Tree, Ruskin Park**

81. Nature's beauty must be restored....and I thought of saying...  
 ...and improved upon, by the great brain of Man....but maybe we should just leave well alone and let nature take its course....  
 ....debatable....?

82. A Richard Tauber song....."oh Henrietta mine, laughter and music and love divine.....to you I sing my song..".....since I have no Henrietta, Nature...to you I sing my song.....must have had a glass or two....

83. Sending your children to a private school....you are spending your hard 'worked for' material wealth in order to give someone invisible wealth...can't be anything wrong in

that...since the invisible wealth your child gets will do him good, and everyone else good, and will not detract from the invisible wealth available to others...invisible wealth takes from no one. It only gives. The fountain of knowledge is inexhaustible.....

84. We humans today are spending far too much time worrying about our own little emotional hurts and spending far too little time thinking about the serious physical hurts we are handing out to our own environment and our own animal cousins who live therein. In doing so, we are inventing a new man-made concept/disease called mental health.

85. Yuval Noah Harari...(Sapiens)...“we are still the same animals we were in The Stone Age” .....

.....The Mouse....“so why can't we start getting the rules we live by more (back) in line with the bodies we live in”.....?....I agree with you Mouse.

The trouble is that over the last tiny pinprick of ecological time, 300 years, the human 'power play' has been so successful (in conquering nature) that we think we can suddenly change the rule book that governs the way we live. This original rule book has been put together bit by bit, by trial and error, over the last 3 million years, keeping pace with the slow physiological changes to our bodies and minds. Because of it's age, this old rule book is mainly religious rather than secular in nature. It gives us laws that could be seen as being good for man in the eyes of God. And they worked. These are the 'timeless rules' of restraint that allowed our animal instincts to be sufficiently subdued in order to allow humans to live together in peace and for societies to develop.

The new rule book is more 'political' and 'ad hoc' in nature, giving us laws that would be seen as good for Man in the eyes of Man. And these laws are not working, because these new laws have been changing and are changing much faster than our animal bodies are changing. They currently are allowing our animal instincts to overpower our traditional civilised human laws of restraint.

And that is unbalancing **the "great equation of human civilisation on earth"**.

Let's have fun and put this equation relating to our animal instincts and the rule book under a microscope.

| <b>THE EQUATION OF HUMAN CIVILISATION</b>  |   |
|--|---|
| <b>IN THE RED CORNER.</b><br>Animal instincts.   | <b>IN THE BLUE CORNER.</b><br>The Rule Book.  |
| I AM THE BODY.   | AND I AM THE SOUL.  |
| I PLAY THE REAL GAME OF LIFE.  | I AM THE REFEREE.<br>I CAN ONLY BLOW THE WHISTLE.   |
| I WANT THE FREEDOM TO BE ALLOWED TO PLAY THE GAME THE WAY NATURE MADE ME.  | AND MY JOB IS TO RESTRAIN THAT FREEDOM SO THAT HUMANS HAVE A CHANCE OF LIVING WITH OTHER HUMANS IN PEACE.                 |
| THAT MEANS MAXIMISING ALL HE ABILITIES AND ENERGIES NATURE GAVE US IN ODER TO WIN AND SURVIVE.....<br>WITH NO HOLDS BARRED.....! | MY JOB IS TO MAKE SURE ALL THOSE SURVIVAL INSTINCTS OF GREED, AGGRESSION AND LUST HAPPEN IN AN ORDERLY AND CIVILISED WAY. |



FOLLOWING OUR NATURAL INSTINCTS MEANS THAT WE ALWAYS (NATURALLY) GO IN ONE DIRECTION.

| AWAY FROM       | TOWARDS          |
|-----------------|------------------|
| PAIN AND FEAR.  | HOPE AND PLENTY. |
| LOSING.         | WINNING.         |
| POVERTY.        | WEALTH.          |
| DEATH.          | LIFE.            |
| HELPING OTHERS. | SAVING MYSELF.   |

WE MUST FOLLOW GOOD (GODLY) CIVILISED CODES WHICH MEANS WE HAVE TO MOVE IN AN UNNATURAL DIRECTION.

|                  |                         |
|------------------|-------------------------|
| I GIVE MY TIME   | TO HELP OTHERS.         |
| I GIVE MY WALTH. | TO HELP OTHERS.         |
| I GIVE MY LIFE.  | TO SAVE ANOTHER'S LIFE. |

THINKING OF HOW YOUR ACTIONS AFFECT OTHERS, (INDIVIDUAL RESPONSIBILITY) AND 'LOVING YOUR NEIGHBOUR' ARE THE MAIN INGREDIENTS OF CIVILISED HUMAN SOCIETY.

OUR "EQUATION OF OPPOSITES" IS HUGE AND REAL.

|  |  |
|--|--|
| HUGE FEAR OF FAILURE.                    | HUGE ELATION OF WINNING.                 |
| HUGE PAIN OF DEATH. (AND BEING EATEN !). | HUGE LOVE OF LIFE. (AND EATING OTHERS !) |
| HUGE FEAR OF POVERTY.                    | HUGE LOVE OF WEALTH.                     |

MOBILITY BETWEEN THESE GREAT "OPPOSITES" GIVES US THE EXCITEMENT AND ZEST OF LIVING EVERY DAY OF OUR LIVES.

MOBILITY BETWEEN THESE GREAT OPPOSITES (AWAY FROM LOSING AND TOWARDS WINNING) ALSO UNDERPINS THE MAIN LAW OF CREATION, KNOWN AS 'THE SURVIVAL OF THE FITTEST'.

IN FINANCIAL TERMS, OUR GAME IS ALL ABOUT HIGH INTEREST, HIGH-RISK, SHORT-TERM GAINS. THERE ARE NO THOUGHTS ABOUT LONG TERM FUTURE SECURITY OF THE SOUL.

THIS IS THE REAL GAME OF FLESH AND BLOOD, LIFE AND DEATH, HOPE AND FEAR, PLEASURE, AND PAIN.

IF YOU WIN IN THIS GAME, YOU ACHIEVE TOTAL BODILY AND SPIRITUAL FULFILMENT OUT OF YOUR TIME ON EARTH, AND USUALLY AMASS GREAT MATERIAL WEALTH AND SECURITY.

WE CAN ONLY TALK ABOUT OUR OPPOSITES, BECAUSE THEY ARE NOT REAL OR MATERIAL. WE PROMISE THAT IF PEOPLE ARE GOOD, THEIR SOULS GO TO HEAVEN. AND IF THEY ARE BAD, THEIR SOULS GO TO HELL. WE HAVE TO MAKE PEOPLE GO TO CHURCH TO CONSTANTLY REMIND THEM OF THIS. OUR GAME IS NOT AS EXCITING AS THE REAL GAME OF LIFE. BUT BEWARE THOSE PEOPLE WHO LAUGH AT THE CONCEPT OF YOUR SOUL AND HEAVEN AND HELL. WE MORTAL HUMANS TODAY HAVE CCTV WHICH CAN TRACK WHERE WE HUMANS GO. I AM SURE THE WISE OLD MEN IN THE BLUE CORNER HAVE A CAMERA THAT CAN FOLLOW WHERE YOUR INNERMOST SOUL GOES, AS WELL AS YOUR SOLES.....!!!

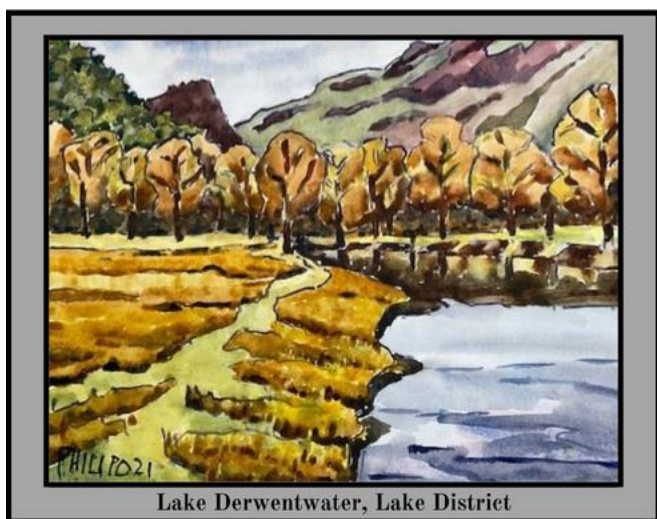
IN FINANCIAL TERMS, OUR GAME IS ALL ABOUT LOW INTEREST LONG TERM SECURITY OF THE SOUL. AND EVEN THAT IS ONLY MADE OF PROMISES.....!

OUR GAME IS PLAYED OUT WITH WORDS AND THOUGHTS ALONE. AND WE ALL KNOW THAT "ACTIONS SPEAK LOUDER THAN WORDS".

AND IF YOU ARE GOOD IN THIS GAME, YOU ACHIEVE "INVISIBLE WEALTH", SELF RESPECT AND "HONOUR"..... AND HOPEFULLY, A TRIP TO PARADISE.

NOW, you can see at a glance which of the players have the most exciting game. It is obviously those playing in the red corner. Their game is real flesh and blood, real physical fear and real physical pleasure. And they are always involved in 'the attack' part of the game, winning against others so that they can gain their pleasures. And they don't mind breaking the rules to achieve their ends. Those in the blue corner are made up of wise old men who may have listened to a few words from their Maker, and realise that without any rules of restraint, the real game of life will get out of control, eventually causing Mankind to tear itself to pieces and eventually, make itself extinct. And that would end up with no game and no life for anybody. The wise old men in the blue corner knew how important their job was. And they knew how difficult their job would be because they only had words, promises and prayers to play with.

Luckily, these old men were not stupid or blinkered 'theoretical' utopians. They knew they needed, in practice, some real flesh and blood "weights" to toughen up their defences to stop the attackers in their tracks. So, they brought in 50% worth of the real weight from the red corner. They brought in real physical pain causing real fear that would deter players from behaving badly and breaking the rules. A brilliant decision, because in doing that, together with a few adjustments to the rule book here and there along the way, they have managed to keep 'the great equation of human civilisation' sufficiently balanced for human life to be both exciting enough (to gain fulfilment) and fair enough to allow the game to continue with us humans us living together in peace and prospering up to the present day....



Lake Derwentwater, Lake District

...or should we say, up until 300 years ago. Because that is when relatively modern Man began rapidly changing the rule book according to what he (Man) thought was good for Man. And because he did not take any advice from his predecessors, the timeless laws, modern Man began making mistakes. He didn't realise that even tiny changes to the rule book could have serious effects as to how Mankind played their game of life on earth. Balancing the equation was much more difficult than he realised. The balance between the game and the rule book had to be just right.

BECAUSE.....If the rules are too rigid, you shut down the game and the players are unable to achieve meaning and fulfilment out of their time on earth. If God or Nature gives someone the gift of the miracle of life on earth, then it is not the business of man to shut down and negate that life.

This is the whole point of the equation. Mankind must be

allowed to achieve his fulfilment out of life. And mankind can't achieve this with rigid rules which curtail the mobility and fluidity of the game. CONVERSELY, he also cannot achieve fulfilment if the rules are too loose. That is too dangerous. Because then anything can happen. The game gets out of control, and in the worst case scenario our animal instincts go into a 'feeding frenzy' and humans turn on humans to such an extent that human societies and the environment they live implode. We make ourselves (and other life) extinct. The ultimate sin in the face of our Creator.

### **So, 'balancing the equation' correctly is critical to human civilisation on earth.**

A QUICK SNAPSHOT (from on high) OF OUR WORLD TODAY SHOWS AREAS WHERE SOME EQUATIONS ARE OUT OF BALANCE.

1. Problems between East and West. Mainly caused by the Islamic rule book being too rigid and stuck in the past compared with the Western rule book which has gone way too far in the other direction. Islam has taken no account of the changing conditions on the ground.

Bringing up a family is easier now than in the past, fewer children are being born, resulting in women folk having a lot more energy. And this energy has every right to direct itself to the ever growing and diverse game of life. There are now thousands of job opportunities that are just as much suited to women as to men. And it is surely right in the eyes of your Creator that the women He made should be allowed to take up the jobs and compete on an equal basis with the men that He created. This will allow them to maximise the abilities and energy they have been born with, and so achieve proper fulfilment out of life.

The only "caveat" in doing this, (entering the game) is that they must not jeopardise the love and security within the family ...the main epicentre of civilisation.

2. Looking at the West.....well...it would take too long even to give the briefest account of the mistakes being made. I guess this was the reason for the bee jumping into my bonnet over 30 years ago....the fact that the West believe Mankind is now so civilised, intelligent and altruistic that it has actually left his animal body behind. Don't forget, modern Western Man has already made the rule book kinder to Humans by airbrushing out some of the old timeless laws of restraint, and even worse, he has discarded the real flesh and blood deterrent that the old wise men of the blue corner brought in or borrowed from the red corner. Modern Man has discarded the 'real fear' caused by 'real physical pain' that deterred humans from behaving like animals. And even today, 'blind' Western Man is patting himself on the back and ever so righteously continuing to make new rules to suit 'the new perfect human being'.....!!??.....and in doing so is letting our animal instincts come flooding out faster than Mo Salah can score his goals.....

.....that's enough about the great equation of human civilisation....it needs some wise old heads from the blue corner to bring the rule book back to be a little bit more in line with our flesh and blood animal bodies.... Which, as young Youval says, are the same as they were in The Stone Age....!

3. One more critical factor shows itself up on the snapshot

from on high, which can see through time as well as space. And in this snapshot there is a flashing red light warning sign showing up.

Something that has never happened before...!!...things must be serious.....why.....

The snapshot is reminding us humans that ever since we arrived on earth, we have a tendency to squabble. And when that squabble gets serious and survival is at stake, we 'go to war'. When this happens, the rule book is forgotten about and the enormous strength and punching power of the red corner knocks the blue corner together with his rule book of restraint clean out of the ring.

Luckily, in the past, because of the underlying resilience of the blue corner, and the 'not quite lethal' power of the punch, after the count of 10 and a suitable cooling off period, the boys in the blue corner have been able to pick themselves and their rule book up from the canvas and get back into the ring and pick up the pieces of the old traditional game of life, and get 'the equation of civilisation' back in balance. And life goes on....until the next punch up....

.....but now, the flashing red light is telling us, that if the squabble turns into a punch up, the new power of the new punches will be terminal to all life on earth. The ring or the pitch on which the game is fought, all the contestants, the referee and the whole audience will be wiped out. There will be no count of 10, and no cooling off period. A 10 second overheating of our animal instincts will turn our controlled rational brain into a self-destructing feeding frenzy. One red button will be pressed by one human being, just like you and me, who has had to put his own underpants on every morning. One bad action by one bad person can now do more damage to Nature's Creation than all the armies that have fought all the battles since life on earth began.

This thought is too terrifying to be allowed to happen.

We know we cannot stop our competitive squabbling, or the way nature made us. But we can stop the fighting.....!!?...how???...by making our neighbours disappear.....because it is generally with our neighbours that we pick a fight..

.....It is time National Sovereignty gets booted out of the ring, so that our world can be run under one environmental flag. For National Sovereignty is simply a larger and more selfish version of us as individuals. National Sovereignty fights for its survival just like any normal human individual does...but multiplied ten thousand times.

So, arrogant and egotistical National Sovereignty must go. Then we will have only ourselves to fight. And that battle will be hard enough. Self-restraint (acting against the way Nature made us) always has been hard and will continue to be hard. But if we want to continue with this wonderful miracle of life on earth, then the blue corner has to put the new punching power of the red corner 'out of play'. End of lecture.

88. This basic concept of "the equation of human civilisation" was a philosophy encouraged by The Ancient Greeks (who else !) in their concept of *Arête*, encouraging people to maximise their abilities to achieve true fulfilment in life, and be measured according to their success...(the red corner...)....All to be played out under the greater concept of *Philotimo*, which was all to do with goodness and honour. (...the blue corner..).....Because, however successful you were, you lost everything if you lost your honour.....AGAIN...the two

basic equations of success or failure, goodness and badness. The old Greeks were able to keep the balance between the blue corner and the red corner just about right.

89. And where on our earth TODAY can we find such a well-balanced 'equation of civilisation', like the ancient Greeks had, allowing us enough mobility (*Arête*) in the game to achieve our fulfilment, together with sufficient honour or restraint (*Philotimo*) to make sure the game could last and was played fairly.....???

.....don't, for Pete's sake, look at the UK.....because here something quite extra-ordinary has happened.

.....can you imagine.....the weaker boys in the blue corner, who only have goodness and honour to play with, have managed to throw an ever so soft blanket, full of kindness, over the heads in the red corner, full of our very strong survival instincts of greed, aggression and lust, and are currently in the process of suffocating them to death.....!!...

....."No me digas....." .....Caramba .....!!...how can this happen.....how can the weak overpower the strong...??...

.....simple...just think of normal things that happen in our normal human world...."swings and roundabouts..."....." bear markets followed by bull markets"....."overcompensation..."....."what goes up must come down..."....."the worm turns..."

....OK.....so think what happened between 1700 and 1950.....the huge human power play occurred...a huge OVERPLAY of *Arête* (exploitation) completely smothers a huge UNDERPLAY of honour and goodness (*Philotimo*). The poor (working class) are exploited to the point of extinction.

Which caused a 'natural' reaction. The worm begins to turn. Instead of the strong continuing to exploit the weak, they begin to show kindness. Partly out of necessity (a viable working class was necessary for the world to keep running), and partly out of charity, which they were now in a position to dole out as a result of the huge wealth they had acquired from their previous exploitation. Socialism was born. Heralded in by both rich and poor, strong, and weak. The new utopia had arrived.

And to begin with, Socialism made good things happen...abolishing the slave trade, stopping children and animals being over exploited in industry, emancipating womenfolk and in general helping to level out the playing fields on which the game of life was played, which was fairer for the poorer sections of the community. (Grammar Schools.)

.....but, yet again, as is normal in normal human existence, after a period of time, the worm begins to turn again.....BUT THIS TIME IN THE SAME DIRECTION.....those poor who were exploited in the past begin to get stronger and more secure and begin to bite the hand that originally fed them.....good socialism begins to turn into bad socialism.....the equation of human civilisation begins to become unbalanced again, this time even more in favour of the blue corner, goodness, who have yet to learn the hidden pitfalls that are waiting around the corner if one shows a surfeit of kindness to those who originally needed kindness to survive. The wise old men in the blue corner could not be blamed for this mistake. Because such a double whammy of kindness had never happened before.



So guilty did the blue corner make the red corner feel for their overexploitation in the past, that the red corner are now lying flat on their back in a comatose state. They are trying to play their normal game and score their goals with both arms tied behind their backs. They are watching the bar of achievement falling in a downward spiral and are too apathetic to do anything about it. They are allowing the main law of creation, the survival of the fittest, to be turned upside down. Everything in society is geared towards nobody being hurt.

And this is when self-harm is openly allowed to happen. Now that the great equation of civilisation is out of balance in favour of the 'overcorrected' rule book in the blue corner, self-harm, under the guise of goodness and fairness, is openly being allowed to happen. And self-harm, remember, is the opposite of Creation's number one law of self-survival. All the players in the game are watching the great bar of achievement going downhill and are now too apathetic to do anything about it.

Just one example of self-harm.....let's take the ever-present RMT strike action and describe with a broad brush just who gets harmed.

The 'Union' principle is negative in its very makeup, pre-set to lower the bar of achievement. It is there to protect the least able worker.

It is a small-scale version of extreme Russian communistic totalitarianism which totally shuts down the game of life itself and shuts down the players who play the game.

The only difference is that this nihilistic totalitarianism was not brutally imposed on the people by tyrants from above. No, this version was voted in by the ever so fair democratic principle. The once vibrant game of life has been suffocated out of existence by our own overplay of kindness. No more hope. No more fear. No more zest of life. No more true fulfilment. No more difference between winning and losing. The individual worker who goes on strike, the company that has been feeding him, their collective clients and the society as a whole are harmed. And this harm is accepted by the ever so nice, freedom loving, democratic voting public.

All one can think is that this society must be so extra ordinarily good to allow such self-harm to be allowed to happen to itself so often that sooner or later someone will begin to wonder if that society is in a real natural world or in an unnatural man made dream world.

That question has already begun to be asked.

So be prepared for the worm to turn again....this time the wise old men in the blue corner will have a better chance of balancing the equation a little bit more sensibly. Because, as they have always done since they began writing the rule book in the dim distant past, they, once again, will have been able to learn from 'real' experience.

Two more micro snapshots from above to finish with.

1. Fur hunters of The Hudson Bay Company 200 years ago worked in harsh conditions for 16 hours a day paddling their canoes at 56 strokes a minute. That is 96 hours per week maximising the energies and abilities of nature's human body to the limit. Individual Man is measured by his efforts and abilities. Total fulfilment.

2. RMT ? Unions striking for 35 hours (?) per week,

comfortable conditions, and geared to protect the least able workers.

All workers placed in an egalitarian cage, no one allowed to shine and move up his ladder of life. A huge amount of unused energy going nowhere. No self-respect. Individual Man not allowed to be measured by his own efforts and ability. No fulfilment.

QUESTION. (A). Is Western Mankind heading in the right direction or the wrong direction. ?

(B). If all that fantastic energy of the Hudson Bay fur hunters was used again by the young of today to save the environment instead of exploiting the environment, do you think Nature would be saved. ?.....yes.....

90. From an obituary in a newspaper, I learnt that Albert Einstein had commented on Darwin's theory of evolution, saying that 'the survival of the fittest' theory was put into jeopardy in the Western world because life was too easy. And it was more likely to happen in central and Eastern Europe, where life was much tougher. So young Albert has backed, in a different way, a 3rd Class university degree holder who keeps repeating that too much featherbedding in the Western world is bound to make a person less able than he was born to be.

91. Another obituary, this time E. O. Wilson, who studied ants, and tied in our (human) relationship with them. "Only by understanding our genetic limitation do we have a chance of developing a long-term view and saving our planet." .....which presumably is a polite way of reminding us of our animal make up which would require us to exist with slightly less freedom than we have recently awarded ourselves....if we want our planet to survive.

92. How can seemingly hot and arid soil produce our beautifully rich, tasty and oily olives.....on the one hand....and delightful soft red wine on the other.....with a loaf of bread in the middle....

.....Isn't God or Nature being so good to Mankind.....

93. Beware of NOT seeing what is staring at you in the face, or not feeling what is coursing through your own body.



*P.S What is the freest, purest, and quickest form of democracy? The free enterprise market. Based on action, not words. SO, if you want "Green", walk "Green"*

Essays 1-14 can be seen on [www.philosophicalmouse.com](http://www.philosophicalmouse.com)